


WEEK 21 SESSION 1 - Answer as many questions as you can in 5 mins
MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $10=7+\square$ |  |
| 2 | $\square+2=20$ |  |
| 3 | Double 44 |  |
| 4 | $144+10=\square$ |  |
| 5 | $70-30=\square$ |  |
| 6 | $3=2+\square$ |  |
| 7 | $\begin{aligned} & 54-9=54-4 \\ & -\square \end{aligned}$ |  |
| 8 | $6+6=\square \times 6$ |  |
| 9 | What time is shown on the clock? | pm |
| 10 | From 6:40 pm, how many minutes until 6:52 pm? |  |
|  | Total out of 10 |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $7 \times 9=\square$ |  |
| 2 | $\square \times 2=6$ |  |
| 3 | $\square \times 8=56$ |  |
| 4 | $24 \div \square=3$ |  |
| 5 | $\square \div 4=3$ |  |
| 6 | $\square \div 2=5$ |  |
| 7 | $5 \times \square=10$ |  |
| 8 | $20 \div \square=2$ |  |
| 9 | $10 \times \square=30$ |  |
| 10 | $\square \times 10=80$ |  |
| Total out of 10 |  |  |



KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $980+7789$ |  |
| 2 | $(1+7) \times 3$ |  |
| 3 | Write Sixty One Million, <br> Seven Hundred and <br> Forty Eight Thousand, <br> Eight Hundred and <br> Sixty Seven in digits |  |
| 4 | $4889.92 \div 100$ |  |
| 5 | $(-9) \times(-1)$ |  |

MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:

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WEEK 22 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |  |
| :---: | :--- | :--- | :---: |
| 1 | $\square+4=5$ |  |  |
| 2 | $\square+85=100$ |  |  |
| 3 | What is half of <br> $4 ?$ |  |  |
| 4 | $99-10=\square$ |  |  |
| 5 | $55+\square=60$ |  |  |
| 6 | $119=99+\square$ |  |  |
| 7 | $148-139=\square$ |  |  |
| 8 | $5 \times 9=45$, so <br> $45 \div 5=\square$ |  |  |
| 9 | What is $20: 27$ <br> in 12 hour clock <br> format? |  |  |
| 10 | From 7:19 am, <br> how many <br> minutes until <br> $7: 50$ am? |  |  |
| Total out of 10 |  |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $7 \times 6=\square$ |  |
| 2 | $24 \div \square=8$ |  |
| 3 | $\square \times 7=14$ |  |
| 4 | $\square \div 8=9$ |  |
| 5 | $18 \div 3=\square$ |  |
| 6 | $4 \times \square=36$ |  |
| 7 | $5 \times \square=40$ |  |
| 8 | $4 \times 4=\square$ |  |
| 9 | $36 \div \square=4$ |  |
| 10 | $30 \div \square=3$ |  |
| Total out of 10 |  |  |


| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $242 \times 56=\square$ |  |
| 2 | 17916-9991 |  |
| 3 | $2.6 \times 6.7$ |  |
| 4 | 0.26 as a fraction |  |
| 5 | $3.45+87.28$ |  |
| 6 | $(-10) \div(-1)$ |  |
| 7 | $8+(-10)$ |  |
| 8 | Round 0.002788 to 2 s.f. |  |
| 9 | What is the letter at $(1,-2)$ ? |  |
| 10 | What is $9 / 10$ of $30 ?$ |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


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WEEK 23 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $\square+7=10$ |  |
| 2 | $20=\square+12$ |  |
| 3 | What is double <br> $1 ?$ |  |
| 4 | Double 65 |  |
| 5 | Halve 89 |  |
| 6 | $136+20=\square$ |  |
| 7 | $80+79=\square$ |  |
| 8 | $48+11=48+$ <br> $2+\square$ |  |
| 9 | $6+150=\square$ |  |
| 10 | $95+93=95+$ <br> $90+\square$ |  |
| Total out of 10 |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $12 \div 3=\square$ |  |
| 2 | $\square \div 2=3$ |  |
| 3 | $10 \times 8=\square$ |  |
| 4 | $\square \times 10=30$ |  |
| 5 | $\square \div 4=8$ |  |
| 6 | $18 \div 2=\square$ |  |
| 7 | $10 \times \square=30$ |  |
| 8 | $12 \div \square=6$ |  |
| 9 | $45 \div 5=\square$ |  |
| 10 | $18 \div \square=6$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $372 \div 4=\square$ |  |
| 2 | $15 \div 5-3$ |  |
| 3 | $255.6 \div 6$ |  |
| 4 | $100 \times 1.19$ | 4, what is the value of <br> $4 b^{3} ?$ |
| 5 | $84-4.6$ |  |
| 7 | (-7) $-(-9)$ |  |
| 8 | Is 9 a factor of $29 ?$ |  |
| 9 | What is the positive <br> square root of $121 ?$ |  |
| 10 | What is 50\% of $£ 340 ?$ |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


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WEEK 24 SESSION 1 - Answer as many questions as you can in 5 mins
MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |  |  |
| :---: | :--- | :--- | :---: | :---: |
| 1 | $5+\square=20$ |  |  |  |
| 2 | $100=74+\square$ |  |  |  |
| 3 | Double 4 |  |  |  |
| 4 | Double 61 |  |  |  |
| 5 | $90+10=\square$ |  |  |  |
| 6 | $22-10=\square$ |  |  |  |
| 7 | $4=2+\square$ |  |  |  |
| 8 | $27-9=27-7$ <br> $-\square$ |  |  |  |
| 9 | $9+9+9=\square$ <br> $\times 9$ |  |  |  |
| 10 | Draw hands on <br> the clock face <br> showing 10:40 <br> am |  |  |  |
| Total out of 10 |  |  |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $6 \times 9=\square$ |  |
| 2 | $\square \div 4=4$ |  |
| 3 | $\square \div 8=6$ |  |
| 4 | $\square \div 2=3$ |  |
| 5 | $36 \div 4=\square$ |  |
| 6 | $8 \times 4=\square$ |  |
| 7 | $8 \times 8=\square$ |  |
| 8 | $\square \times 5=20$ |  |
| 9 | $2 \times 8=\square$ |  |
| 10 | $\square \div 8=5$ |  |
| Total out of 10 |  |  |



KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $591+823$ |  |
| 2 | $(3+87) \div 9$ |  |
| 3 | Write Six Million, Nine Hundred and Ninety Four Thousand and Forty Eight in digits |  |
| 4 | $0.3 \div 10$ |  |
| 5 | $(-1) \times 2$ |  |
| 6 | Difference between 10 and -10 |  |
| 7 | Value of the dot |  |
| 8 | Is 32 a multiple of 6 ? |  |
| 9 | What is the value of 5 cubed? |  |
| 10 | $4 / 5=32 / \square$ |  |
|  | Total out of 10 |  |

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WEEK 25 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $\square+3=5$ |  |
| 2 | $100=\square+38$ |  |
| 3 | What is half of 2? |  |
| 4 | $119-10=\square$ |  |
| 5 | $28+\square=30$ |  |
| 6 | $114=64+\square$ |  |
| 7 | $6057-6052=$ |  |
| 8 | $\begin{aligned} & 2 \times 8=16, \text { so } \\ & 16 \div 8=\square \end{aligned}$ |  |
| 9 | What is $12: 51$ am in 24 hour clock format? |  |
| 10 | What time was it 21 minutes before 6:58 pm? |  |
|  | Total out of 10 |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $\square \div 4=3$ |  |
| 2 | $18 \div \square=6$ |  |
| 3 | $32 \div \square=8$ |  |
| 4 | $9 \times 10=\square$ |  |
| 5 | $30 \div \square=3$ |  |
| 6 | $14 \div \square=2$ |  |
| 7 | $6 \times 3=\square$ |  |
| 8 | $7 \times \square=49$ |  |
| 9 | $\square \div 2=3$ |  |
| 10 | $80 \div 10=\square$ |  |
| Total out of 10 |  |  |


| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $71 \times 79=\square$ |  |
| 2 | 691-391 |  |
| 3 | $9.9 \times 7$ |  |
| 4 | 0.105 as a fraction |  |
| 5 | $21.96+8.42$ |  |
| 6 | Round 5.7345 to 3 decimal places |  |
| 7 | $(-1)+(-1)$ |  |
| 8 | Round 6692 to 3 s.f. |  |
| 9 | What is the letter at $(1,0)$ ? |  |
| 10 | What is $3 / 10$ of $90 ?$ |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


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WEEK 26 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $8+\square=10$ |  |
| 2 | Double 4 |  |
| 3 | Halve 8 |  |
| 4 | What is half of <br> $36 ?$ |  |
| 5 | $31+10=\square$ |  |
| 6 | $69+50=\square$ |  |
| 7 | $33+31=\square$ |  |
| 8 | $81+16=81+$ <br> $9+\square$ |  |
| 9 | $3+699=\square$ |  |
| 10 | $54+14=50+$ <br> $10+\square$ |  |
| Total out of 10 |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $16 \div \square=8$ |  |
| 2 | $20 \div \square=4$ |  |
| 3 | $\square \times 4=36$ |  |
| 4 | $4 \times \square=16$ |  |
| 5 | $\square \div 9=6$ |  |
| 6 | $5 \times 3=\square$ |  |
| 7 | $50 \div 5=\square$ |  |
| 8 | $2 \times \square=20$ |  |
| 9 | $9 \times \square=18$ |  |
| 10 | $\square \times 2=4$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $156 \div 4=\square$ |  |
| 2 | $2 \div 1-1$ |  |
| 3 | $0.88 \div 0.1$ |  |
| 4 | $100 \times 1.48$ | what is the value of <br> 2 abc $-c^{2} ?$ |
| 5 | $28-6.92$ |  |
| 7 | If a <br> 5- (-3) |  |
| 8 | List all the factors of 38 |  |
| 9 | What is the value of 8 <br> squared? |  |
| 10 | What is 125\% of $£ 10 ?$ |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


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WEEK 27 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $20=\square+10$ |  |
| 2 | Double 50 |  |
| 3 | What is half of <br> $95 ?$ |  |
| 4 | $132+10=\square$ |  |
| 5 | $76-10=\square$ |  |
| 6 | $75-20=\square$ |  |
| 7 | $5=3+\square$ | $42-8=42-2$ <br> $-\square$ |
| 9 | $\square \times 9=9+9$ <br> $+9+9$ |  |
| 10 | What time is <br> shown on the <br> clock? |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $90 \div 9=\square$ |  |
| 2 | $3 \times 8=\square$ |  |
| 3 | $8 \times \square=16$ |  |
| 4 | $20 \div 5=\square$ |  |
| 5 | $24 \div \square=8$ |  |
| 6 | $\square \times 10=30$ |  |
| 7 | $\square \div 2=5$ |  |
| 8 | $5 \times \square=20$ |  |
| 9 | $\square \div 10=7$ |  |
| 10 | $80 \div \square=8$ |  |
| Total out of 10 |  |  |



KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $906+9228$ |  |
| 2 | $(84-3) \div 9$ |  |
| 3 | Write 24802938 in words. Use the opposite page for your answer. |  |
| 4 | $0.1 \div 100$ |  |
| 5 | Simplify 8/10 |  |
| 6 | Difference between -3 and -2 |  |
| 7 | Value of the dot |  |
| 8 | What is the lowest common multiple of 7 and 8 ? |  |
| 9 | What is the value of $4^{3}$ ? |  |
| 10 | $10 / 3=\square / 6$ |  |
|  | Total out of 10 |  |

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STRATEGIES:

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KEY SKILLS:


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WEEK 28 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |  |  |
| :---: | :--- | :--- | :---: | :---: |
| 1 | $3+\square=5$ |  |  |  |
| 2 | $\square+32=100$ |  |  |  |
| 3 | What is half of <br> $3 ?$ |  |  |  |
| 4 | $23-10=\square$ |  |  |  |
| 5 | $139+\square=140$ |  |  |  |
| 6 | $52=42+\square$ |  |  |  |
| 7 | $438-432=\square$ |  |  |  |
| 8 | $4 \times 7=28$, so <br> $28 \div 7=\square$ |  |  |  |
| 9 | What is $13: 57$ <br> in 12 hour clock <br> format? |  |  |  |
| 10 | What time will <br> it be 51 <br> minutes after <br> $7: 13$ pm |  |  |  |
| Total out of 10 |  |  |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $6 \times 4=\square$ |  |
| 2 | $18 \div 9=\square$ |  |
| 3 | $\square \times 3=15$ |  |
| 4 | $36 \div 6=\square$ |  |
| 5 | $4 \times \square=24$ |  |
| 6 | $8 \times \square=48$ |  |
| 7 | $8 \times 3=\square$ |  |
| 8 | $24 \div \square=6$ |  |
| 9 | $5 \times \square=25$ |  |
| 10 | $15 \div 5=\square$ |  |
| Total out of 10 |  |  |


| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $45 \times 70=\square$ |  |
| 2 | 1012-791 |  |
| 3 | $6.3 \times 4.57$ |  |
| 4 | $5 / 5=\square$ \% |  |
| 5 | $(-2) \times 4$ |  |
| 6 | Round 8.1434 to 2 decimal places |  |
| 7 | $8+(-9)$ |  |
| 8 | Round 1915 to 1 s.f. |  |
| 9 | What is the letter at $(0,-2)$ ? |  |
| 10 | What is $5 / 6$ of $42 ?$ |  |
|  | Total out of 10 |  |



MENTAL
STRATEGIES:


TIMESTABLES:


KEY SKILLS:


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WEEK 29 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $10=\square+1$ |  |
| 2 | What is double <br> $8 ?$ |  |
| 3 | What is half of <br> $51 ?$ |  |
| 4 | $15+80=\square$ |  |
| 5 | $133-60=\square$ |  |
| 6 | $12+\square=20$ |  |
| 7 | $68+70=\square$ |  |
| 8 | $51+18=51+$ <br> $9+\square$ |  |
| 9 | $1+871=\square$ |  |
| 10 | $86+85=80+$ <br> $80+\square$ |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $21 \div \square=7$ |  |
| 2 | $\square \times 10=100$ |  |
| 3 | $\square \div 10=3$ |  |
| 4 | $49 \div \square=7$ |  |
| 5 | $8 \times 8=\square$ |  |
| 6 | $\square \div 6=4$ |  |
| 7 | $45 \div \square=5$ |  |
| 8 | $6 \times 6=\square$ |  |
| 9 | $\square \times 6=54$ |  |
| 10 | $90 \div 10=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $612 \div 9=\square$ |  |
| 2 | $10 \div 2+4$ |  |
| 3 | $40.32 \div 0.5$ |  |
| 4 | $0.13 \times 10$ |  |
| 5 | $(-100) \div(-10)$ |  |
| 6 | If $a=5 b=9$ and $c=3$, what is the value of $2 a+b / c$ ? |  |
| 7 | $5-(-10)$ |  |
| 8 | What is the highest common factor of 27 and 19? |  |
| 9 | What is the value of (-12) squared? |  |
| 10 | What is $110 \%$ of $£ 120$ ? |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


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WEEK 30 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $20=11+\square$ |  |
| 2 | What is double <br> $57 ?$ |  |
| 3 | $198+10=\square$ |  |
| 4 | $57+90=\square$ |  |
| 5 | $35-30=\square$ |  |
| 6 | $19+17=\square$ |  |
| 7 | $3=2+\square$ |  |
| 8 | $31-6=31-1$ <br> $-\square$ |  |
| 9 | $\square \times 8=8+8$ |  |
| 10 | What time is <br> shown on the <br> clock? |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $\square \times 6=42$ |  |
| 2 | $\square \div 8=8$ |  |
| 3 | $72 \div \square=9$ |  |
| 4 | $24 \div 8=\square$ |  |
| 5 | $64 \div \square=8$ |  |
| 6 | $\square \div 5=7$ |  |
| 7 | $72 \div \square=9$ |  |
| 8 | $10 \div \square=2$ |  |
| 9 | $\square \div 3=2$ |  |
| 10 | $35 \div \square=5$ |  |
| Total out of 10 |  |  |



KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $9951+6530$ |  |
| 2 | $(1+48) \div 7$ |  |
| 3 | Write 51923 in words. <br> Use the opposite page <br> for your answer. |  |
| 4 | $2.3 \div 10$ |  |
| 5 | Simplify 8/12 |  |
| 6 | Which is the highest <br> number, -10 or $-3 ?$ |  |
| 7 | Value of the dot <br> 25 |  |
| 8 | What is the lowest <br> common multiple of 7 <br> and 8? |  |
| 9 | What is the value of <br> $(-5)$ cubed? |  |
| 10 | $5 / 9=\square / 72$ |  |



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