

NAME:


WEEK 1 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $2+3$ |  |
| 2 | $89+11$ |  |
| 3 | What is half of <br> $6 ?$ |  |
| 4 | $125-10$ |  |
| 5 | $177+\square=270$ |  |
| 6 | $53=23+\square$ |  |
| 7 | $805-804$ | $4 \times 1=4$, so 4 <br> $\div 4=\square$ |
| 9 | Write $20: 12$ in <br> 12 hour clock <br> format |  |
| 10 | $9: 37$ pm is how <br> many minutes <br> after $9: 08$ pm? |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $2 \times 9=\square$ |  |
| 2 | $24 \div 3=\square$ |  |
| 3 | $10 \times \square=80$ |  |
| 4 | $6 \div \square=3$ |  |
| 5 | $1 \times 2=\square$ |  |
| 6 | $28 \div 7=\square$ |  |
| 7 | $\square \times 6=54$ |  |
| 8 | $\square \div 2=5$ |  |
| 9 | $3 \times 9=\square$ |  |
| 10 | $4 \div 4=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $61 \times 31$ |  |
| 2 | 657-382 |  |
| 3 | $7.2 \times 94.2$ |  |
| 4 | 0.7 as a fraction |  |
| 5 | $46.15+5.08$ |  |
| 6 | $(-40) \div(-4)$ |  |
| 7 | If $a=4 b=3$ and $c=1$, what is the value of $3 a-b^{2}$ ? |  |
| 8 | $3-(-5)$ |  |
| 9 | What is the highest common factor of 12 and 4 ? |  |
| 10 | What is the value of 13 squared? |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:



WEEK 2 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |  |  |
| :---: | :--- | :--- | :---: | :---: |
| 1 | $\square+6=10$ |  |  |  |
| 2 | What is double <br> $5 ?$ |  |  |  |
| 3 | Halve 63 |  |  |  |
| 4 | $26+30$ |  |  |  |
| 5 | $98+99$ |  |  |  |
| 6 | $22+10=22+$ <br> $8+\square$ |  |  |  |
| 7 | $3+223$ |  |  |  |
| 8 | $20+61=20+$ <br> $60+\square$ |  |  |  |
| 9 | $\square+3=5$ |  |  |  |
| 10 | $\square+2=20$ |  |  |  |
| Total out of 10 |  |  |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $9 \times 5=\square$ |  |
| 2 | $10 \div 2=\square$ |  |
| 3 | $8 \times \square=8$ |  |
| 4 | $16 \div \square=4$ |  |
| 5 | $8 \times 4=\square$ |  |
| 6 | $15 \div 3=\square$ |  |
| 7 | $\square \times 2=12$ |  |
| 8 | $\square \div 7=1$ |  |
| 9 | $5 \times 8=\square$ |  |
| 10 | $14 \div 2=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $3905 \div 5$ |  |
| 2 | $7+25 \div 5$ |  |
| 3 | $2.013 \div 0.1$ |  |
| 4 | $2.26 \times 1000$ |  |
| 5 | $34-0.74$ | Write 56/72 in its <br> simplest form |
| 7 | Difference between 4 <br> and -4 |  |
| 8 | Value of the dot? <br> 0 |  |
| 9 | What is the lowest <br> common multiple of 4 <br> and 5? |  |
| 10 | What is the cube root <br> of 27? |  |
| Total out of 10 |  |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


Minive score:


WEEK 3 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $\square+13=20$ |  |
| 2 | Double 96 |  |
| 3 | $79+10$ |  |
| 4 | $120-80$ |  |
| 5 | $8=7+\square$ |  |
| 6 | $13-10=13-$ <br> $3-\square$ |  |
| 7 | $85+85=85 \times$ <br> $\square$ |  |
| 8 | What is the <br> time on the <br> clock? |  |
| 9 | $8+2$ |  |
| 10 | $81+\square=100$ |  |
| Total out of 10 |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $6 \times 6=\square$ |  |
| 2 | $3 \div 3=\square$ |  |
| 3 | $4 \times \square=32$ |  |
| 4 | $4 \div \square=4$ |  |
| 5 | $5 \times 4=\square$ |  |
| 6 | $45 \div 9=\square$ |  |
| 7 | $\square \times 7=28$ |  |
| 8 | $\square \div 6=9$ |  |
| 9 | $4 \times 5=\square$ |  |
| 10 | $48 \div 8=\square$ |  |
| Total out of 10 |  |  |



KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $2757+5432$ |  |
| 2 | $4^{2}+2 \times 4$ |  |
| 3 | Write Four Thousand, Three Hundred and Twenty in digits |  |
| 4 | $5.94 \div 10$ |  |
| 5 | $1 \times(-8)$ |  |
| 6 | Round 0.7475 to 1 d.p. |  |
| 7 | $1+(-9)$ |  |
| 8 | Round 0.4559 to 2 s.f. |  |
| 9 | Letter at ( $-2,-2$ ) |  |
| 10 | 10/1 = $\square / 4$ |  |
|  | Total out of 10 |  |

## MENTAL

 STRATEGIES:TIMESTABLES:

KEY SKILLS:



WEEK 4 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $3+2$ |  |
| 2 | $\square+25=100$ |  |
| 3 | What is half of <br> $8 ?$ |  |
| 4 | $150-10$ |  |
| 5 | $191+\square=210$ |  |
| 6 | $97=60+\square$ |  |
| 7 | $135-132$ |  |
| 8 | $5 \times 8=40$, so <br> $40 \div 5=\square$ |  |
| 9 | Write $20: 11$ in <br> 12 hour clock <br> format |  |
| 10 | 07:52 is how <br> many minutes <br> after 07:06? |  |
| Total out of 10 |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $2 \times 7=\square$ |  |
| 2 | $6 \div 3=\square$ |  |
| 3 | $3 \times \square=21$ |  |
| 4 | $56 \div \square=8$ |  |
| 5 | $10 \times 9=\square$ |  |
| 6 | $30 \div 10=\square$ |  |
| 7 | $\square \times 4=16$ |  |
| 8 | $\square \div 9=6$ |  |
| 9 | $10 \times 8=\square$ |  |
| 10 | $90 \div 10=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | What is $3 / 9$ of $54 ?$ |  |
| 2 | $964 \times 9$ |  |
| 3 | $1444-982$ |  |
| 4 | $3.2 \times 8.25$ | $8 / 10$ as a decimal <br> number |
| 6 | $82.23+7.27$ |  |
| 7 | $36 \div(-6)$ |  |
| 8 | If a $=1$ b $=3$ and $c=4$, <br> what is the value of <br> $4 b^{3} ?$ |  |
| 9 | $10-(-9)$ |  |
| 10 | Is 5 a factor of $21 ?$ |  |
|  | Total out of 10 |  |

## MENTAL

STRATEGIES:

TIMESTABLES:


KEY SKILLS:


Score?



WEEK 5 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $\square+9=10$ |  |
| 2 | What is double <br> $6 ?$ |  |
| 3 | Halve 24 |  |
| 4 | $143+60$ |  |
| 5 | $94+97$ |  |
| 6 | $41+10=41+$ <br> $9+\square$ |  |
| 7 | $1+700$ |  |
| 8 | $31+47=30+$ <br> $40+\square$ |  |
| 9 | What is double <br> $56 ?$ |  |
| 10 | What is half of <br> $4 ?$ |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $7 \times 10=\square$ |  |
| 2 | $21 \div 3=\square$ |  |
| 3 | $3 \times \square=18$ |  |
| 4 | $5 \div \square=1$ |  |
| 5 | $1 \times 2=\square$ |  |
| 6 | $30 \div 3=\square$ |  |
| 7 | $\square \times 2=8$ |  |
| 8 | $\square \div 3=6$ |  |
| 9 | $3 \times 6=\square$ |  |
| 10 | $63 \div 7=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | What is $25 \%$ of $£ 190$ ? |  |
| 2 | $6146 \div 7$ |  |
| 3 | $4+5 \times 1$ |  |
| 4 | $462.2 \div 5$ |  |
| 5 | $1000 \times 0.64$ |  |
| 6 | 69.12-9.2 |  |
| 7 | Write 35/49 in its simplest form |  |
| 8 | 10-10 |  |
| 9 | Value of the dot? |  |
| 10 | What is the lowest common multiple of 6 and 8 ? |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:


Minive score:


WEEK 6 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $17+\square=20$ |  |
| 2 | What is double <br> $36 ?$ |  |
| 3 | $89+10$ |  |
| 4 | $143-20$ |  |
| 5 | $5=4+\square$ |  |
| 6 | $14-7=14-4$ <br> $-\square$ |  |
| 7 | $56+56=\square \times$ <br> 56 |  |
| 8 | Draw hands on <br> the clock face <br> showing 7:05 <br> pm |  |
| 9 | What is double <br> $9 ?$ |  |
| 10 | Halve 48 |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $5 \times 10=\square$ |  |
| 2 | $18 \div 6=\square$ |  |
| 3 | $9 \times \square=63$ |  |
| 4 | $32 \div \square=4$ |  |
| 5 | $5 \times 9=\square$ |  |
| 6 | $3 \div 3=\square$ |  |
| 7 | $\square \times 3=24$ |  |
| 8 | $\square \div 3=10$ |  |
| 9 | $1 \times 3=\square$ |  |
| 10 | $10 \div 5=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | What is the value of (-15) squared? |  |
| 2 | $986+3175$ |  |
| 3 | $\sqrt{ } 64+8 \div 8$ |  |
| 4 | Write 780026 in words. (Use the opposite page for your answer) |  |
| 5 | $13.089 \div 1000$ |  |
| 6 | $(-1) \times(-6)$ |  |
| 7 | Round 6.5254 to 2 d.p. |  |
| 8 | $10+(-5)$ |  |
| 9 | Round 0.006435 to 1 s.f. |  |
| 10 | Letter at ( $-2,-2$ ) |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:

TIMESTABLES:


KEY SKILLS:



WEEK 7 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $4+1$ |  |
| 2 | $66+\square=100$ |  |
| 3 | What is half of <br> $6 ?$ |  |
| 4 | $122-10$ |  |
| 5 | $56+\square=90$ |  |
| 6 | $56=26+\square$ |  |
| 7 | $199-194$ |  |
| 8 | $10 \times 5=50$, so <br> $50 \div 10=\square$ |  |
| 9 | Write 2:15 pm <br> in 24 hour clock <br> format |  |
| 10 | From $15: 09$, <br> how many <br> minutes until <br> $15: 30 ?$ |  |
|  | Total out of 10 |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $9 \times 5=\square$ |  |
| 2 | $60 \div 6=\square$ |  |
| 3 | $2 \times \square=16$ |  |
| 4 | $10 \div \square=1$ |  |
| 5 | $9 \times 10=\square$ |  |
| 6 | $12 \div 2=\square$ |  |
| 7 | $\square \times 5=20$ |  |
| 8 | $\square \div 4=6$ |  |
| 9 | $8 \times 3=\square$ |  |
| 10 | $18 \div 6=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | List all the factors of 2 |  |
| 2 | What is $1 / 2$ of $8 ?$ |  |
| 3 | $65 \times 38$ |  |
| 4 | $11661-7509$ |  |
| 5 | $8.2 \times 3.5$ | $173.2 \%$ as a decimal <br> number |
| 7 | $13+4.5$ |  |
| 8 | $40 \div(-10)$ |  |
| 9 | If a $=4$ b $=5$ and $c=7$, <br> what is the value of <br> $3 b-2 a$ |  |
| 10 | $7-(-5)$ |  |



## MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:



WEEK 8 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $8+2$ |  |
| 2 | What is double <br> $4 ?$ |  |
| 3 | What is half of <br> $33 ?$ |  |
| 4 | $174+70$ |  |
| 5 | $57+58$ |  |
| 6 | $68+11=68+$ <br> $2+\square$ |  |
| 7 | $5+822$ |  |
| 8 | $79+52=79+$ <br> $50+\square$ |  |
| 9 | $152+10$ |  |
| 10 | $44-10$ |  |
| Total out of 10 |  |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $6 \times 7=\square$ |  |
| 2 | $2 \div 2=\square$ |  |
| 3 | $10 \times \square=90$ |  |
| 4 | $2 \div \square=1$ |  |
| 5 | $4 \times 5=\square$ |  |
| 6 | $45 \div 9=\square$ |  |
| 7 | $\square \times 6=42$ |  |
| 8 | $\square \div 2=3$ |  |
| 9 | $9 \times 1=\square$ |  |
| 10 | $7 \div 7=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | List the first 4 multiples of 5 |  |
| 2 | What is $65 \%$ of $£ 100$ ? |  |
| 3 | $4890 \div 5$ |  |
| 4 | $8+4 \div 1$ |  |
| 5 | $5.4 \div 2$ |  |
| 6 | $100 \times 0.97$ |  |
| 7 | 26.93-4.83 |  |
| 8 | Simplify 3/18 |  |
| 9 | $(-7)+2$ |  |
| 10 | Value of the dot? |  |
|  | Total out of 10 |  |



MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:

rinlilia score:


WEEK 9 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $\square+12=20$ |  |
| 2 | What is double 94? |  |
| 3 | $168+10$ |  |
| 4 | 45-20 |  |
| 5 | $9=3+\square$ |  |
| 6 | $\begin{aligned} & 14-6=14-4 \\ & -\square \end{aligned}$ |  |
| 7 | $39=39 \times \square$ |  |
| 8 | Draw hands on the clock face showing 11:10 pm |  |
| 9 | 63-10 |  |
| 10 | $197+40$ |  |
|  | Total out of 10 |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $7 \times 3=\square$ |  |
| 2 | $80 \div 10=\square$ |  |
| 3 | $3 \times \square=9$ |  |
| 4 | $16 \div \square=8$ |  |
| 5 | $10 \times 2=\square$ |  |
| 6 | $16 \div 8=\square$ |  |
| 7 | $\square \times 9=9$ |  |
| 8 | $\square \div 7=7$ |  |
| 9 | $4 \times 8=\square$ |  |
| 10 | $20 \div 4=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | What is the value of $4^{3} ?$ |  |
| 2 | $1 / 5=9 / \square$ |  |
| 3 | $3903+6770$ |  |
| 4 | $(8+3) \times 5$ | Write 881034 in words. <br> (Use the opposite page <br> for your answer) |
| 6 | $0.98 \div 100$ |  |
| 7 | $(-5) \times(-8)$ |  |
| 8 | Round 6.5893 to 2 d.p. |  |
| 9 | $5+(-8)$ |  |
| 10 | Round 423 to 2 s.f. |  |
|  | Total out of 10 |  |



MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:



WEEK 10 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -
do these in your head

| Q | Question | Answer |
| :---: | :--- | :--- |
| 1 | $4+\square=5$ |  |
| 2 | $31+\square=100$ |  |
| 3 | What is half of <br> $6 ?$ |  |
| 4 | $20-10$ |  |
| 5 | $84+\square=120$ |  |
| 6 | $93=33+\square$ |  |
| 7 | $423-418$ | $8 \times 10=80$, so <br> $80 \div 8=\square$ |
| 9 | Write $22: 11$ in <br> 12 hour clock <br> format |  |
| 10 | $12: 25$ is how <br> many minutes <br> after $12: 20 ?$ |  |

TIMESTABLES -
do these in your head

| Q | Question | Answer |
| :--- | :--- | :--- |
| 1 | $1 \times 5=\square$ |  |
| 2 | $12 \div 4=\square$ |  |
| 3 | $10 \times \square=70$ |  |
| 4 | $7 \div \square=1$ |  |
| 5 | $7 \times 1=\square$ |  |
| 6 | $2 \div 2=\square$ |  |
| 7 | $\square \times 10=30$ |  |
| 8 | $\square \div 3=3$ |  |
| 9 | $9 \times 5=\square$ |  |
| 10 | $70 \div 10=\square$ |  |
| Total out of 10 |  |  |

KEY SKILLS - you may use written calculations for these questions

| Q | Question | Answer |
| :---: | :---: | :---: |
| 1 | $(-4)-(-9)$ |  |
| 2 | Letter at ( $-2,-1$ ) |  |
| 3 | What is $1 / 1$ of $10 ?$ |  |
| 4 | $4 \times 607$ |  |
| 5 | 1270-914 |  |
| 6 | $3 \times 2$ |  |
| 7 | 93/100 $=\square \%$ |  |
| 8 | $3.66+35.33$ |  |
| 9 | $5 \div(-5)$ |  |
| 10 | If $a=3 b=1$ and $c=6$, what is the value of $a^{2} b^{3}+2 c$ ? |  |
|  | Total out of 10 |  |



## MENTAL STRATEGIES:



TIMESTABLES:


KEY SKILLS:



