

## Extra Curricular

**At Cardiff West Community High School we believe that additional extra curricular and enrichment activities make a vital contribution to the development of our students.**

All of our students are given the opportunity to take part in extra curricular activities. Our inclusive extra curricular provision offers an extensive range of opportunities throughout the year for our students to broaden their experiences, enhance their skills and develop their interests further.

We believe that our extra curricular activities provide our students with opportunities to value teamwork and a sense of culture and community whilst broadening their horizons and developing their independence.

Some of the extra curricular activities are linked to the curriculum whilst others are unique events and visits. Our programme of activities and events includes:

- Educational visits and field trips
- A diverse selection of clubs
- Competitions
- Drama productions
- Sports training
- Fund raising opportunities
- Musical and dance activities
- Workshops delivered by a variety of organisations
- After school revision lessons

Each subject area ensures that activities beyond the classroom are planned to help enrich students' experiences. Our students are taken on a variety of carefully planned visits linked to the curriculum providing an opportunity for them to learn in memorable contexts.

For students working towards examinations, many subject areas offer lunchtime and after school help and advice ensuring that our students are guided carefully through the academic year. Our additional revision sessions increase confidence and reduce anxiety ensuring that our students are well prepared for their examinations.

We very much value our students' ideas and opinions and the School Council plays an active part in school life at Cardiff West Community High School. Elected representatives from each form group meet regularly to discuss important school issues and present their suggestions on how the school can be improved. Involvement in the School Council provides valuable leadership opportunities for our students

We hope that our extra curricular programme supports our students enjoyment of school life whilst fostering self motivation and teaching them about resilience, team work and commitment.